



**SAFETY**

Nebraska Building Chapter

## AGC Safety Initiative E-News

January 29, 2020

### MISSION:

Help each other enforce safety rules to ensure that every person on construction site goes home safe and healthy at end of the workday.

### Safety Initiative Goals:

As an AGC Nebraska Building Chapter member, are you participating:

- 100% of all AGC members and other contractors on AGC jobsites enforcing OSHA standards as they apply to falls, electrical safety and possible another topic.
- 100% of all AGC members will have set their own company goals to improve safety in their firm and have a way to measure progress towards the goal.
- 100% of all AGC members will encourage and support all contractors on their jobsites to set their own company goals for improving safety.

### AGC Nebraska Building Chapter's Workforce Development [Resources](#)

Meet and exceed your workforce goals with assistance from these AGC Nebraska Building Chapter's [resources](#)

- [Construction Supervision Fundamentals](#) (CSF,) for the new Supervisor, newly promoted foreman or those seeking career advancement. **Register by March 6**
- **Supervisory Training Program** (STP,) for the seasoned supervisor.  
**March 8 to April 4** [Contract Documents](#) **Register by February 14**  
[Click here](#) for registration form.
- **Print Reading 101**, a ready to go training package – all you add is a facilitator.
- [A3 Collaborative's](#) prime target is young- to mid-career A-C-E professionals who work together on projects.

[Learn more](#)

### National AGC Safety Awards (NASA) Program

Recognizing AGC Contractor Members for Safety Excellence Since 1926, the National AGC Safety Awards (NASA) program has been an ongoing effort to offer AGC members an opportunity to evaluate their safety record. NASA compares a member's safety record with other AGC members according to the member size and construction type. Additionally, NASA provides a great opportunity for contractor members to compete for nationally recognized awards that have excellent safety records.

AGC contractor members must have participated in the National AGC Safety Awards Program for three consecutive years in order to be eligible for an award. **This means a member must have participated in the program for the years 2017, 2018 and 2019 in order to be eligible to receive an award in 2020.**

Vicki has mailed the letters detailing the NASA program with the form to complete and return **by February 7, 2020.**

### The Dotted Line: Safety risks that can stop a construction project

In the construction industry, there are inherent risks for workers, even on the safest of jobsites, which is why supervisors and safety personnel are encouraged to be vigilant in their efforts to identify and mitigate potentially dangerous situations, many times as work goes on around them.

There are, however, instances when a condition is too dangerous for work to continue. It is important to first remember that, ultimately, contractors are responsible for the well-being of their employees and must make sure their working environment is safe, said attorney J. Gregory Cahill of law firm Dickinson Wright in Phoenix.

Additionally, the general contractor is responsible for the overall safety on a project and can be held liable if there is a known safety risk or hazard but does not act to eliminate the hazard or allows workers to be exposed, even if that means ordering the offending subcontractor or worker off the job.

So, given that employees must stop work if they face a real danger, Cahill said disputes may arise, not so much about the stoppage, but about who is responsible for the additional costs and delays associated with pulling a crew, equipment or both off of a project.

Read more <https://www.constructiondive.com/news/the-dotted-line-safety-risks-that-can-stop-a-construction-project/571048/>

**Supplement your safety program with [AGC Nebraska Building Chapter Safety Resources](#).** The site offers on-demand, online or on-site training opportunities on a variety of topics; services; regulations and news within our industry. Share this link with team members!

**FREE SAFETY TRAINING VIDEOS--ON-DEMAND** located under the **Training tab** at [agcnebuildersSafety.com](http://agcnebuildersSafety.com). Members are provided complimentary day-passes, which allows unlimited usage of a selected video for a given day from 12:01am to 11:50pm. [Click here](#) to preview the construction video catalog. Click on the iTrainStation logo to set-up an account. You need to be approved as a user during Nebraska Building Chapter office hours, (Monday-Thursday, 8:00am-5:00pm and Friday, 8:00am-12noon) before adding videos in your library for access at a later date. If you have any questions, please contact: [Vicki](#), 402-438-0400.



**OSHA's Form 300A (Rev. 04/2004)**  
**Summary of Work-Related Injuries and Illnesses**

**Number of Cases**

Total number of deaths	Total number of cases with days away from work	Total number of cases with job transfer or restriction	Total number of other recordable cases
0	0	0	0
(G)	(H)	(I)	(J)

**Number of Days**

Total number of days away from work	Total number of days of job transfer or restriction
0	0
(K)	(L)

**Injury and Illness Types**

**Injury Reporting**

Employers are reminded that they must post their 2019 Summary of Work-Related Injuries and Illnesses ([Form 300A](#)) from February 1 to April 30 each year.

**Cold Weather, Cold Stress and Hypothermia**

Working in cold conditions can be unpleasant, uncomfortable and even dangerous if proper safety precautions aren't followed. One risk is hypothermia, which the Mayo Clinic defines as "a medical emergency that occurs when your body loses heat faster than it can produce heat, causing a dangerously low body temperature."

A person's regular body temperature is about 98.6° F; hypothermia happens when a person's body temperature falls below 95° F.

### **The different stages**

Hypothermia has three stages: mild, moderate and severe. Here, the Canadian Center for Occupational Health and Safety describes the conditions:

**Mild:** Normal shivering can be the first sign of mild hypothermia, followed by experiencing an overall cold sensation, goose bumps and the inability to perform complex tasks with one's hands. Shivering may become severe, and hands may become numb.

**Moderate:** Signs of moderate hypothermia include intense shivering, muscle incoordination and labored movements – all while remaining alert. As hypothermia progresses to the more dangerous end of the moderate spectrum, the person may have difficulty speaking and amnesia may start. In addition, the victim may be unable to use his or her hands and may experience violent shivering and stumbling.

**Severe:** When severe hypothermia sets in, shivering will stop, exposed skin may turn blue and puffy, and the victim may lose the ability to walk. He or she may become severely confused and lack awareness. If hypothermia progresses further, muscles will become rigid and pulse and respiration rate may decrease. In its final stages, severe hypothermia may result in pulmonary edema, cardiac and respiratory failure, or death.

### **What to do**

If hypothermia appears to be setting in, you need to act fast. "At the first sign, find medical help immediately," CCOHS states. "The survival of the victim depends on their co-workers' ability to recognize the symptoms of hypothermia." The center adds that hypothermia victims generally are unable to notice their own condition.

If you suspect a co-worker is experiencing hypothermia:

- Get the victim to an emergency medical facility as soon as possible.
- Remove wet clothing and place the victim between blankets or towels in an effort to raise the body temperature gradually. Make sure the person's head is covered.
- Use hot water bottles or electric blankets with caution. Don't warm the arms and legs directly, and refrain from warming the victim too quickly (such as soaking the person in a hot bath).
- Begin CPR if the victim stops breathing. Continue until medical aid is available. "The body slows when it's very cold and, in some cases, hypothermia victims that have appeared 'dead' have been successfully resuscitated," according to CCOHS.

Learn more at [https://www.safetyandhealthmagazine.com/articles/19313-understanding-hypothermia?utm\\_source=feb1st&utm\\_medium=email&utm\\_campaign=inThisIssue](https://www.safetyandhealthmagazine.com/articles/19313-understanding-hypothermia?utm_source=feb1st&utm_medium=email&utm_campaign=inThisIssue)