



SAFETY

Nebraska Building Chapter

AGC Safety Initiative E-News

July 7, 2021

OUR Safety MISSION: Help each other enforce safety rules to ensure that every person on construction site goes home safe and healthy at end of the workday.

Calendar of Events – [Learn more](#)

[COVID-19 Resources Update](#) Updated information with quick references available.

MEMBER BENEFIT--Safety Meeting Outlines

July is renewal month for this member benefit. This is **52 “ready to deliver” safety toolbox talks**. Enhance your safety program for \$100 per year, save \$75 off retail. [Learn more](#) or contact [Vicki](#) for more information.

AGC CONSTRUCTION SAFETY, HEALTH + ENVIRONMENTAL VIRTUAL CONFERENCE

July 20-21, 2021

The industry’s foremost annual conference to hone-in on the most critical safety, health, and environmental compliance and risk issues impacting the business of construction. Unlike physical conferences where you can end up sitting through content you just don't need, AGC's Construction Safety, Health & Environmental Virtual Conference is delivered entirely online. Dip in and watch the specific sessions you would like to participate in or catch them all. It’s up to you! [Click here](#) for more information.

Best Practices for Construction Site Safety

Implementing simple prevention strategies and regulations to both work sites and personal practices make a significant difference for job safety. Here are the best preventive practices for any construction site:

- Motion form and movement training can prevent strain injuries. For example, it’s easy to [prevent back injuries with good lifting form](#) that draws power from the legs and limits twisting motions while lifting.
- To [prevent repetitive motion-caused MSIs](#), professionals can follow simple practices, like regularly changing positions, taking breaks or wearing anti-vibration gloves when working with power tools.
- For falls, safety equipment like rope grabs, vertical lifelines, anchors, and beamers can help make the job site much safer. Mitigating slippery terrain or muddy site conditions can also help prevent slips and trips.
- Preventing struck-by incidents will require good communication between workers on-site. Equipment operators should always drive slowly and communicate with another worker — like a spotter — who can warn the driver of nearby workers and obstacles. Regular equipment inspections and modern safety features, like reverse alarms, can also help with injury prevention in construction.
- Careful monitoring of materials moved by heavy equipment is also important to avoiding caught-in/between incidents.
- Lockout/tagout of heavy equipment is one of the best ways to prevent electrocution. Performing safety training, wearing personal protective equipment, and using testing tools can also help prevent electrocution on construction sites. Lockout/tagout procedures can also help prevent struck-by incidents.

Safety training can help reduce injuries on construction sites, including the risk of falls, electrocutions, struck-by incidents and almost any typical construction health hazard.

Managing Safety on Construction Sites

The right safety practices can go a long way in keeping construction workers safe.

Personal practices — like using protective equipment and ergonomic lifting forms — are effective in helping prevent MSIs and falls. Site safety processes — like lockout/tagout, spotters and the use of lifelines — can manage other risks.

By preparing for the risks with both on-site regulations and training for professionals, construction professionals can ensure they're following safe practices for a fulfilling and injury-free career.

Safety Initiative Goals:

As an AGC Nebraska Building Chapter member, are you participating with:

- 100% of all AGC members and other contractors on AGC jobsites enforcing OSHA standards as they apply to falls, electrical safety and possible another topic.
- 100% of all AGC members will have set their own company goals to improve safety in their firm and have a way to measure progress towards the goal.
- 100% of all AGC members will encourage and support all contractors on their jobsites to set their own company goals for improving safety.

It's said that every accident is preventable, but it takes someone like you to make sure. Thank you for always making safety your priority.